

Tobacco Cessation Resources/Contacts

Smoking Cessation Programs:

Abbott N.W.
"Clean Break"
Fremont Street/Mpls.
(612) 331- 7867

HCMC
Dr. Paul Pentel
(612) 873- 2300

U of M Tobacco Research & Treatment
(612) 627- 4900

VA Medical Center (to qualifying Vets)
(612) 467- 1891
Contact: Deb Dingman, R.N.

(In Saint Paul) American Lung Association (ALA)
"Freedom from Smoking"
Intake: (651) 227-8014
Contact: Pat McKane (218) 726- 4721
Also: 1-800-LungUSA

Quit Plan Line:
1-888-354-7526
(Telephone Counseling)

For Smokeless Tobacco:
U of M Treatment Center
2701 University Avenue Suite 106
(612) 627-4900

Nicotine Anonymous

12- Step Programs in the Twin Cities
Information Line: (952) 404-1488

Bemidji
Dunn Bros coffee
Monday/Noon
501 Oayk Bunyan Drive South

Edina
Christ Presbyterian Church
Tuesday/7:00 P.M.
6901 Normandale Road Room 306

Minneapolis
Unity Christ Church (enter back door)
Saturday/10:00 A.M.
4000 Golden Valley Road