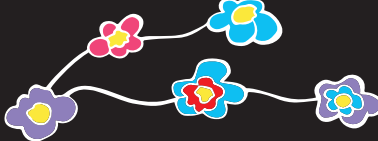


RETURN TO FIRST MEDICINES & MATERNAL HEALTH GATHERING

“Remembering What We Always Knew”



April 17 & 18, 2020

***A gathering for adults and youth
to learn about Sacred Medicines,
Growing Traditional Foods,
Maternal Health and Self-Care***

Key Note Speeches Led by Elders



- Restoring traditional knowledge of birthing practices
- Basic skills about gathering, using and respecting our traditional medicines
- Importance of maternal health roles for both females and males
- Engage youth in traditional birthing (Jr. Doulas)
- Self-care and mental health practices



Location:

Mystic Lake Casino & Hotel
2400 Mystic Lake Blvd, Prior Lake, MN 55372
Phone: (952) 445-9000

Presented by:

Inter-Generational Council and
The Indigenous Peoples Task Force

To Register Online: www.bit.ly/RETURN2020
Registration Fee: \$75 for Adults • Free for Youth and Elders

For More Information Contact:
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