

ART CONTEST WORKSHEET!

Design a poster that educates the Native community about: suicide prevention, depression, community support, cultural strength, hope, or your own creative idea. 1st Place \$70; 2nd Place \$50; 3rd Place \$40, and Honorable Mention \$25 (multiple Honorable Mention may be chosen).

Step 1: Who do you want your poster/art to reach? (circle 1, 2, 3, or 4 choices)

Teens who have suicidal thoughts

Teens who are getting bullied

Teens who aren't having suicidal thoughts

Teens who aren't getting bullied

Teens who have depression

Parents of teens

Teens who aren't sure if they have depression

Two-Spirit community

Children

Community leaders

Teachers of Native youth

Other: _____

Step 2: What are 3 possible messages you want your target audience to learn? (for example: don't give up hope, culture is strength, fight the stigma of depression)
a):

b):

c):

Step 4: Ideas for images

a):

b):

c):

Step 5: Your name:

Contact information; Phone number:

Email, or name on Facebook we can reach you:

Need to talk? **Call:** The National Suicide Prevention Lifeline **1-800-273-TALK (8255)** or Text: **Hello** to **741-741**